



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Herzer, Heiko

Club: Arnstadt  
Number: 771

Course: 5.00 km  
Schnupperlauf

Category:  
Männer M35

Total time: 25:34

Speed: 11.73 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 12 (of 47)

Rank in course/Men: 9 (of 27)

Best time in course: 20:47

Rank in category: 1(of 1)

Best time in the category: 25:34