



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Riester, Carola

Club: Möhrenbach  
Number: 804

Course: 5.00 km  
Schnupperlauf

Category:  
Frauen W50

Total time: 33:45

Speed: 8.89 km/h  
Running performance: 6:45 min/km

Rank in course/Total: 39 (of 47)  
Rank in course/Women: 18 (of 20)  
Best time in course: 23:39

Rank in category: 1(of 1)  
Best time in the category: 33:45