



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

**Roubitschek, Silvio**

Club: SV Hermsdorf

Number: 279

Course: 19.00 km

Großer Lauf

Category:

Männer M45

Total time: 1:20:50

Speed: 14.10 km/h

Running performance: 4:15 min/km

Rank in course/Total: 8 (of 50)

Rank in course/Men: 8 (of 46)

Best time in course: 1:11:53

Rank in category: 2(of 12)

Best time in the category: 1:14:24