



30. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Winkler, Heinz-Jörg

Club: Nofretete e.V.

Number: 269

Course: 19.00 km

Großer Lauf

Category:

Männer M50

Total time: 1:24:03

Speed: 13.56 km/h

Running performance: 4:25 min/km

Rank in course/Total: 16 (of 50)

Rank in course/Men: 16 (of 46)

Best time in course: 1:11:53

Rank in category: 3(of 10)

Best time in the category: 1:21:53