



30. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 17.04.2010

Detailed evaluation

Henkel, Andre

Club: SV Cursdorf-Meuselbach
Number: 288

Course: 19.00 km
Großer Lauf

Category:
Männer M45

Total time: 1:26:41

Speed: 13.15 km/h
Running performance: 4:34 min/km

Rank in course/Total: 19 (of 50)

Rank in course/Men: 19 (of 46)

Best time in course: 1:11:53

Rank in category: 5(of 12)

Best time in the category: 1:14:24