



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Hartgen, Jochen

Club: Fitness-Center-Spieker  
Number: 31

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Senioren I Hobby

Total time: 1:49:16

Speed: 21.96 km/h  
Running performance: 22,40 min/km

Rank in course/Total: 41 (of 141)

Rank in course/Men: 41 (of 129)

Best time in course: 1:31:26

Rank in category: 14(of 51)

Best time in the category: 1:36:16