



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

**Mailänder, Sebastian**

Club: Fitness-Center-Spieker  
Number: 124

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Herren Hobby

Total time: 1:53:15

Speed: 21.19 km/h  
Running performance: 21,62 min/km

Rank in course/Total: 66 (of 141)

Rank in course/Men: 65 (of 129)

Best time in course: 1:31:26

Rank in category: 12(of 22)

Best time in the category: 1:35:49