



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Pankoke, Guido

Club: Lemgo  
Number: 129

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Masters männlich Hobby

Total time: 1:56:30

Speed: 20.60 km/h  
Running performance: 21,01 min/km

Rank in course/Total: 81 (of 141)

Rank in course/Men: 80 (of 129)

Best time in course: 1:31:26

Rank in category: 27(of 38)

Best time in the category: 1:31:26