



4. Lönskrug "Warm-up-Marathon" für Mountainbiker
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Flormann, Ralf

Club: Holzminden

Number: 290

Course: 40.80 km

Mitteldistanz Hobby

Category:

Senioren I Hobby

Total time: 2:03:45

Speed: 19.39 km/h

Running performance: 19,78 min/km

Rank in course/Total: 98 (of 141)

Rank in course/Men: 96 (of 129)

Best time in course: 1:31:26

Rank in category: 31(of 51)

Best time in the category: 1:36:16