



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

**Salvetzki, Ralf**

Club: Wennigsen

Number: 282

Course: 40.80 km

Mitteldistanz Hobby

Category:

Senioren I Hobby

Total time: 2:14:41

Speed: 17.82 km/h

Running performance: 18,18 min/km

Rank in course/Total: 118 (of 141)

Rank in course/Men: 113 (of 129)

Best time in course: 1:31:26

Rank in category: 41(of 51)

Best time in the category: 1:36:16