



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Ebsen, Nils

Club: Schaumburg  
Number: 685

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Senioren I Hobby

Total time: 2:15:20

Speed: 17.73 km/h  
Running performance: 18,09 min/km

Rank in course/Total: 119 (of 141)

Rank in course/Men: 114 (of 129)

Best time in course: 1:31:26

Rank in category: 42(of 51)

Best time in the category: 1:36:16