



4. Lönskrug "Warm-up-Marathon" für Mountainbiker
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Oberdiek, Uwe

Club: run and bike 4 help.de
Number: 334

Course: 40.80 km
Mitteldistanz Hobby

Category:
Senioren I Hobby

Total time: 2:25:00

Speed: 16.55 km/h
Running performance: 16,88 min/km

Rank in course/Total: 127 (of 141)

Rank in course/Men: 120 (of 129)

Best time in course: 1:31:26

Rank in category: 45(of 51)

Best time in the category: 1:36:16