



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Holz, Mirco

Club: R.C. Endspurt Herford  
Number: 494

Course: 61.20 km  
Langdistanz Lizenz

Category:  
Masters männlich Lizenz

Total time: 2:30:50

Speed: 24.34 km/h  
Running performance: 24,34 min/km

Rank in course/Total: 11 (of 16)

Rank in course/Men: 11 (of 16)

Best time in course: 2:14:10

Rank in category: 5(of 7)

Best time in the category: 2:19:09