



4. Lönskrug "Warm-up-Marathon" für Mountainbiker
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Hansen, Ralf

Club: Hamburg
Number: 716

Course: 40.80 km
Mitteldistanz Hobby

Category:
Senioren I Hobby

Total time: 2:43:03

Speed: 14.72 km/h
Running performance: 15,01 min/km

Rank in course/Total: 136 (of 141)

Rank in course/Men: 125 (of 129)

Best time in course: 1:31:26

Rank in category: 48(of 51)

Best time in the category: 1:36:16