



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

**Koch, Sascha**

Club: Witzendorf  
Number: 724

Course: 61.20 km  
Langdistanz Hobby

Category:  
Masters männlich Hobby

Total time: 2:53:11

Speed: 21.20 km/h  
Running performance: 21,20 min/km

Rank in course/Total: 37 (of 60)

Rank in course/Men: 36 (of 56)

Best time in course: 2:14:55

Rank in category: 12(of 15)

Best time in the category: 2:25:13