



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Hecht, Lars Arne

Club: Bielefeld

Number: 569

Course: 61.20 km

Langdistanz Hobby

Category:

Masters männlich Hobby

Total time: 3:02:59

Speed: 20.00 km/h

Running performance: 20,07 min/km

Rank in course/Total: 45 (of 60)

Rank in course/Men: 42 (of 56)

Best time in course: 2:14:55

Rank in category: 14(of 15)

Best time in the category: 2:25:13