



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Steinheider, Dirk

Club: Barsinghausen

Number: 521

Course: 61.20 km

Langdistanz Hobby

Category:

Senioren I Hobby

Total time: 3:35:26

Speed: 16.99 km/h

Running performance: 17,04 min/km

Rank in course/Total: 58 (of 60)

Rank in course/Men: 54 (of 56)

Best time in course: 2:14:55

Rank in category: 21(of 21)

Best time in the category: 2:14:55