



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

**Kreie, Carsten**

Club: Nordharzer Racing Team  
Number: 706

Course: 20.40 km  
Kurzdistanz Hobby

Category:  
Masters männlich Hobby

Total time: 55:01

Speed: 21.81 km/h  
Running performance: 22,25 min/km

Rank in course/Total: 18 (of 41)

Rank in course/Men: 17 (of 33)

Best time in course: 45:50

Rank in category: 6(of 9)

Best time in the category: 45:50