



4. Lönskrug "Warm-up-Marathon" für Mountainbiker
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Abel, Steffen

Club: Nordharzer Racing Team
Number: 736

Course: 20.40 km
Kurzdistanz Hobby

Category:
Masters männlich Hobby

Total time: 56:56

Speed: 21.08 km/h
Running performance: 21,50 min/km

Rank in course/Total: 21 (of 41)

Rank in course/Men: 20 (of 33)

Best time in course: 45:50

Rank in category: 7(of 9)

Best time in the category: 45:50