



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Schmidt, Ronald

Club: Ostwest-Express  
Number: 609

Course: 20.40 km  
Kurzdistanz Hobby

Category:  
Senioren I Hobby

Total time: 57:28

Speed: 20.88 km/h  
Running performance: 21,30 min/km

Rank in course/Total: 22 (of 41)

Rank in course/Men: 21 (of 33)

Best time in course: 45:50

Rank in category: 6(of 9)

Best time in the category: 51:41