



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

Detailed evaluation

Koch, Lars

Club: MTB RACE TEAM HÖXTER  
Number: 37

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Senioren I Hobby

Total time: 1:36:16

Speed: 24.93 km/h  
Running performance: 25,43 min/km

Rank in course/Total: 6 (of 141)

Rank in course/Men: 6 (of 129)

Best time in course: 1:31:26

Rank in category: 1(of 51)

Best time in the category: 1:36:16