



Pollmeierlauf Creuzburg
Creuzburg / 24.04.2010

Detailed evaluation

Rippel, Markus

Club: SV Nomania Treffurt
Number: 47

Course: 14.14 km
14 km-Lauf

Category:
Männer M30

Total time: 59:33

Speed: 14.11 km/h
Running performance: 4:13 min/km

Rank in course/Total: 6 (of 73)

Rank in course/Men: 6 (of 59)

Best time in course: 53:22

Rank in category: 1(of 3)

Best time in the category: 59:33