



Pollmeierlauf Creuzburg
Creuzburg / 24.04.2010

Detailed evaluation

Montag, Holger

Club: SV Normania Treffurt e.V.
Number: 59

Course: 14.14 km
14 km-Lauf

Category:
Männer M35

Total time: 1:03:35

Speed: 13.21 km/h
Running performance: 4:30 min/km

Rank in course/Total: 15 (of 73)

Rank in course/Men: 15 (of 59)

Best time in course: 53:22

Rank in category: 5(of 7)

Best time in the category: 57:53