



Pollmeierlauf Creuzburg
Creuzburg / 24.04.2010

Detailed evaluation

Jakob, Thomas

Club: Lutter
Number: 60

Course: 14.14 km
14 km-Lauf

Category:
Männer M40

Total time: 1:07:15

Speed: 12.49 km/h
Running performance: 4:46 min/km

Rank in course/Total: 22 (of 73)

Rank in course/Men: 22 (of 59)

Best time in course: 53:22

Rank in category: 10(of 17)

Best time in the category: 53:22