



Pollmeierlauf Creuzburg  
Creuzburg / 24.04.2010

## Detailed evaluation

**Pohl, Wolfgang**

Club: SV Normania Treffurt  
Number: 50

Course: 14.14 km  
14 km-Lauf

Category:  
Männer M55

Total time: 1:08:50

Speed: 12.20 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 28 (of 73)

Rank in course/Men: 27 (of 59)

Best time in course: 53:22

Rank in category: 2(of 5)

Best time in the category: 1:07:29