



Pollmeierlauf Creuzburg
Creuzburg / 24.04.2010

Detailed evaluation

Hiller, Manfred

Club: Suhl

Number: 1

Course: 14.14 km

14 km-Lauf

Category:

Männer M55

Total time: 1:10:00

Speed: 12.00 km/h

Running performance: 4:57 min/km

Rank in course/Total: 30 (of 73)

Rank in course/Men: 29 (of 59)

Best time in course: 53:22

Rank in category: 3(of 5)

Best time in the category: 1:07:29