



Pollmeierlauf Creuzburg  
Creuzburg / 24.04.2010

## Detailed evaluation

**Speck, Wilfried**

Club: Eschwege

Number: 9

Course: 14.14 km

14 km-Lauf

Category:

Männer M55

Total time: 1:11:44

Speed: 11.71 km/h

Running performance: 5:04 min/km

Rank in course/Total: 34 (of 73)

Rank in course/Men: 32 (of 59)

Best time in course: 53:22

Rank in category: 4(of 5)

Best time in the category: 1:07:29