



Pollmeierlauf Creuzburg
Creuzburg / 24.04.2010

Detailed evaluation

Höfer, Dietmar

Number: 67

Course: 14.14 km
14 km-Lauf

Category:
Männer M45

Total time: 1:12:56

Speed: 11.52 km/h

Running performance: 5:10 min/km

Rank in course/Total: 38 (of 73)

Rank in course/Men: 35 (of 59)

Best time in course: 53:22

Rank in category: 4(of 11)

Best time in the category: 1:02:43