



Pollmeierlauf Creuzburg
Creuzburg / 24.04.2010

Detailed evaluation

Weber, Stefan

Club: EFC 08 Ruhla
Number: 7

Course: 14.14 km
14 km-Lauf

Category:
Männer M45

Total time: 1:15:06

Speed: 11.19 km/h
Running performance: 5:19 min/km

Rank in course/Total: 43 (of 73)

Rank in course/Men: 40 (of 59)

Best time in course: 53:22

Rank in category: 6(of 11)

Best time in the category: 1:02:43