



Pollmeierlauf Creuzburg  
Creuzburg / 24.04.2010

## Detailed evaluation

**Schwanz, Rainer**

Club: Rot-Weiß-Scherbda  
Number: 61

Course: 14.14 km  
14 km-Lauf

Category:  
Männer M50

Total time: 1:16:37

Speed: 10.96 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 48 (of 73)

Rank in course/Men: 44 (of 59)

Best time in course: 53:22

Rank in category: 4(of 4)

Best time in the category: 1:00:31