



Pollmeierlauf Creuzburg  
Creuzburg / 24.04.2010

## Detailed evaluation

**Limpert, Ramona**

Club: Sportteam-Steinbach Meiningen  
Number: 33

Course: 14.14 km  
14 km-Lauf

Category:  
Frauen W30

Total time: 1:18:23

Speed: 10.72 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 51 (of 73)

Rank in course/Women: 5 (of 14)

Best time in course: 1:08:15

Rank in category: 1(of 1)

Best time in the category: 1:18:23