



Pollmeierlauf Creuzburg  
Creuzburg / 24.04.2010

## Detailed evaluation

**Temmler, Silke**

Club: SV Normania Treffurt e.V.  
Number: 20

Course: 14.14 km  
14 km-Lauf

Category:  
Frauen W40

Total time: 1:22:44

Speed: 10.15 km/h  
Running performance: 5:51 min/km

Rank in course/Total: 59 (of 73)

Rank in course/Women: 8 (of 14)

Best time in course: 1:08:15

Rank in category: 2(of 4)

Best time in the category: 1:11:10