



Pollmeierlauf Creuzburg
Creuzburg / 24.04.2010

Detailed evaluation

Gnaß, Christian

Club: Meinhard
Number: 39

Course: 14.14 km
14 km-Lauf

Category:
Männer M20

Total time: 1:22:47

Speed: 10.15 km/h
Running performance: 5:51 min/km

Rank in course/Total: 61 (of 73)

Rank in course/Men: 53 (of 59)

Best time in course: 53:22

Rank in category: 4(of 4)

Best time in the category: 59:34