



Pollmeierlauf Creuzburg
Creuzburg / 24.04.2010

Detailed evaluation

Rödel, Jörg

Club: SV Mihla
Number: 2

Course: 14.14 km
14 km-Lauf

Category:
Männer M65

Total time: 1:34:09

Speed: 8.92 km/h
Running performance: 6:40 min/km

Rank in course/Total: 70 (of 73)

Rank in course/Men: 58 (of 59)

Best time in course: 53:22

Rank in category: 3(of 3)

Best time in the category: 1:20:48