



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Gusko, Stefan

Club: DJK Preußen 1911 Bochum e.V.

Number: 7079

Course: 7.25 km

Walking

Total time: 55:00

Speed: 7.64 km/h

metres in height up: 269

Course score: 11.04

performance score: 89 Points