



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Gusko, Heike

Club: DJK Preußen 1911 Bochum e.V.

Number: 2065

Course: 18.00 km

Walking

Total time: 2:40:38

Speed: 6.72 km/h

metres in height up: 640

Course score: 27.60

performance score: 191 Points