



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

Hakenesch, Gerd

Club: F.C. Sonnendorf

Number: 2096

Course: 18.00 km

Nordic Walking

Total time: 2:28:16

Speed: 7.28 km/h

metres in height up: 640

Course score: 27.60

performance score: 206 Points