



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Heitmann, Ernst

Club: Hohe Ward Gazellen/TuS-Hiltrup

Number: 1008

Course: 13.00 km

Nordic Walking

Total time: 1:52:41

Speed: 6.92 km/h

metres in height up: 414

Course score: 19.21

performance score: 136 Points