



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

Heseler, Inge

Total time: 2:45:57

Speed: 6.51 km/h

Number: 2089

metres in height up: 640

Course: 18.00 km

Course score: 27.60

Nordic Walking

performance score: 185 Points