



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

**Ilona, Weiß**

Club: Tus Neuenrade

Number: 7032

Course: 7.25 km

Walking

Total time: 1:15:05

Speed: 5.59 km/h

metres in height up: 269

Course score: 11.04

performance score: 65 Points