



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Jeismann, Friedrich

Club: Turbo-Schnecken Lüdenscheid

Number: 1026

Course: 13.00 km

Nordic Walking

Total time: 1:54:32

Speed: 6.81 km/h

metres in height up: 414

Course score: 19.21

performance score: 134 Points