



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

**Kaidat, Donald**

Club: TBS-Herne

Number: 1016

Course: 13.00 km

Nordic Walking

Total time: 1:49:55

Speed: 7.10 km/h

metres in height up: 414

Course score: 19.21

performance score: 139 Points