



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Kammradt, Petra

Club: TuS Wengern

Number: 7031

Course: 7.25 km

Walking

Total time: 1:06:06

Speed: 6.35 km/h

metres in height up: 269

Course score: 11.04

performance score: 74 Points