



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

Kappe, Claudia

Club: SG Ennepetal

Number: 1118

Course: 13.00 km

Nordic Walking

Total time: 1:55:03

Speed: 6.78 km/h

metres in height up: 414

Course score: 19.21

performance score: 133 Points