



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

Kerspe, Heike

Total time: 1:04:14

Speed: 6.54 km/h

Number: 7084

metres in height up: 269

Course: 7.25 km

Course score: 11.04

Nordic Walking

performance score: 76 Points