



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Lange, Volker

Total time: 2:04:28

Speed: 6.27 km/h

Number: 1120

metres in height up: 414

Course: 13.00 km

Course score: 19.21

Nordic Walking

performance score: 123 Points