



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

**Look, Birgitt**

Club: TV Flerke

Number: 7053

Course: 7.25 km

Nordic Walking

Total time: 1:09:29

Speed: 6.26 km/h

metres in height up: 269

Course score: 11.04

performance score: 70 Points