



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

**Lucks, Bernhard**

Club: Tus Oberbrügge

Number: 7003

Course: 7.25 km

Walking

Total time: 57:07

Speed: 7.35 km/h

metres in height up: 269

Course score: 11.04

performance score: 85 Points