



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

Detailed evaluation

Luhmann, Mechthild

Club: PSV Unna

Number: 1056

Course: 13.00 km

Nordic Walking

Total time: 1:45:31

Speed: 7.39 km/h

metres in height up: 414

Course score: 19.21

performance score: 145 Points