



## 5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

### Detailed evaluation

Malitzki, Ruth

Total time: 56:57

Speed: 7.37 km/h

Number: 7037

metres in height up: 269

Course: 7.25 km

Course score: 11.04

Walking

performance score: 86 Points